



## Age Group Statements

### 9/under

- Under 9 Netball is a modified game of netball for 8-10 year olds.
- The modified rules of Netball takes into account the age, maturity and skill levels of the players.
- The rules and equipment are designed to align the game with the psychological and physical capabilities of children.
- Players are being prepared for the adult game with skill development activities and age appropriate competitive experiences.
- All players should receive equal court time during the season and have the opportunity to play all different playing positions.
- Ladders are kept and no finals matches are played.

### 11/under

- Training focuses on skill development.
- Matches used as a learning experience.
- Enjoyment of training and matches.
- Goals are performance based (not outcome based).
- Develop a sense of team/club.
- All players should receive equal court time during the season and have the opportunity to play different playing positions.
- Ladders are kept and no finals matches are played.

### 13/under

- Training focuses on skill development.
- Enjoyment of training and matches.
- Develop a sense of team/club.
- Matches used as a learning experience.
- Goals are performance based (not outcome based).
- Implement simple team strategies and tactics.